

Freeing the Spirit

20th - 22nd JANUARY 2012,
RISSINGTON, HAWKES BAY



This weekend, which is still unfolding
will be about **s p a c i o u s n e s s** of being...

the freedom to fly...

touching the potentiality deep within ourselves ...

exploring **improvising** with the Dances, **sound**, music, **singing**, *movement* ...

Creativity, **aliveness** & self expression ...

giving gratitude for life, our heart community, for the *Beloved* in many forms

for the *gift* of each new day...

being in nature, dancing on the land,

honouring our ancestors and *Papatuanuku & Ranginui* ...

free expression of our longing & yearning for the *Beloved*...

reaching the **heights**, touching the depths,
surrendering to the silence!

Deeper into the heart of Love

Letting go into the mystery

Rising in Love

Cost: \$195 Camping, \$220 shared unit Children: Half price

Enquiries and registrations to Sally Platt, 64A Shetland St, Glen Eden, Waitakere 0602
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